

Track your time for one week: eating, sleeping, reading, studying, working, watching TV, playing video games, and so on... be specific. Then analyze how you spend your time & post your findings on your blog.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00a							
8:00							
9:00	woke up and made breakfast		woke up and took shower				
10:00	took a shower	woke up and laid in bed	cleaned bedroom	hit snooze a lot			
11:00	left for class at 11:30	shower + breakfast	coffee talk with roommate	woke up and got dressed			
12:00p	drive to class	drive to class	was 15 mins late to class b/c of Jo's	20 minutes late to class b/c I had to park in BFE			
1:00	class	class	class	class			
2:00	class	clay hand building	skipped class to get nails done	library + hw			
3:00	class	class	nail salon	class			
4:00	class	QUIZ	class	class			
5:00	class	class	class	class			
6:00	print out hw/leave campus	went to Lucy in Disguise	drove home	dinner with friend			

Track your time for one week: eating, sleeping, reading, studying, working, watching TV, playing video games, and so on... be specific. Then analyze how you spend your time & post your findings on your blog.

7:00	sandwich	dinner with friend	homework	filled up gas and got home			
8:00	netflix	went to Planet K	homework	homework			
9:00	netflix	hung out at friend's apt	homework	homework			
10:00	bed + phone	hung out	dinner + hw	distractions			
11:00	sleep?	creepy youtube videos	friends came over	last minute essay due at midnight			
12:00a	sleep	still at friend's	hw w/ friends	turned it in!!!			
1:00		drove home	friends	homework			
2:00		sleep	friends leave + sleep	still hw			
3:00		sleep	sleep	hw			
4:00a				sleep			