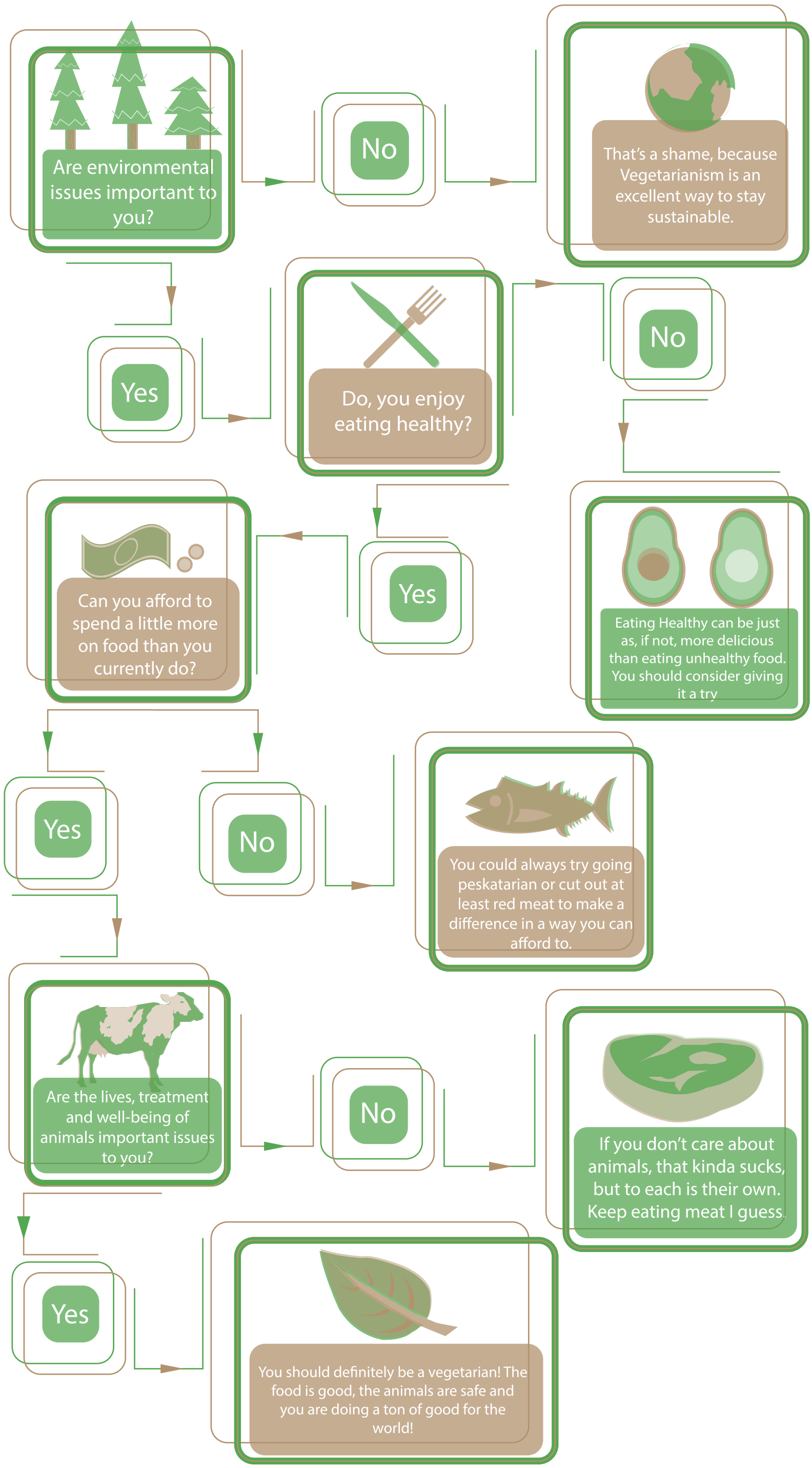VEGETARIANISM: IN OR OUT?