

Track your time for one week: eating, sleeping, reading, studying, working, watching TV, playing video games, and so on... be specific. Then analyze how you spend your time & post your findings on your blog.

	Monday (18 th)	Tuesday (19 th)	Wednesday (20 th)	Thursday (21 st)	Friday (15 th)	Saturday (16 th)	Sunday (17 th)
7:00a	Wake up at 7:30	Sleeping	Sleeping	Sleeping	Wake up at 7:30	Sleeping	Sleeping
8:00	Eat and get ready	Wake up and get ready	Sleeping	Sleeping	Eat and get ready	Sleeping	Sleeping
9:00	Class	Class at 9:30	Wake up and eat	Wake up and eat	Class	Sleeping	Sleeping
10:00	Eat and watch T.V.	Class	Watching T.V.	Watching T.V.	Eat and watch T.V.	Sleeping	Wake up and eat
11:00	Watching T.V.	Class	Watching T.V.	Class	Watching T.V.	Sleeping	Watching T.V.
12:00p	Watching T.V.	Class until 12:15 and eating	Watching T.V.	Watching T.V.	Watching T.V.	Sleeping	Watching T.V.
1:00	Class	Watching T.V.	Class	Watching T.V.	Class	Watching T.V. and eating	Homework
2:00	Watching T.V. and eat	Watching T.V. and doing wash	Watching T.V. and 2:30 ACE meeting	Watching T.V.	Watching T.V. and eat	Homework	Homework
3:00	Watching T.V.	Watching T.V.	Watching T.V. and eat	Watching T.V.	Watching T.V.	Homework	Homework
4:00	Watching T.V.	Watching T.V.	Watching T.V.	Homework	On South Congress taking pictures	Homework	Watching T.V. and eat
5:00	Class	Class	Class	Class	On South Congress taking pictures	Homework	Homework
6:00	Class	Class until 6:15 then watching T.V. and eat	Class	Class until 6:15 then watching T.V. and eat	On South Congress taking pictures	Watching T.V. and eating	Homework
7:00	Watching T.V. and eat	Video games	Watching T.V.	Homework	On South Congress taking pictures	Watching T.V.	Homework
8:00	Watching T.V.	Video games	Watching T.V.	Homework	Watching T.V. and	Watching T.V.	Watching T.V.

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					eat		
9:00	Watching T.V.	Watching T.V.	Homework	Homework	Watching T.V.	Watching T.V.	Watching T.V.
10:00	Watching T.V.	Shower	Watching T.V.	Watching T.V.	Watching T.V.	Watching T.V. and eating	Shower
11:00	Sleeping	Watching T.V.	Watching T.V.	Watching T.V.	Watching T.V.	Watching T.V.	Sleeping
12:00a	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping
1:00	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping
2:00	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping
3:00	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping
4:00a	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping	Sleeping